

Note that the Countryside Council for Wales (CCW) provides walks out onto the National Nature Reserve (no dogs). Several of the walks are substantially on raised boardwalks. CCW provides a car park and conveniences at Maesllyn, the southern terminus of the off-road section of the Ystwyth Trail that crosses the Cors Caron National Nature Reserve. There are also bird watching hides on the reserve, their locations are marked on the PDF brochure and map downloadable from the Ceredigion Tourism website at www.Tourism.Ceredigion.gov.uk.

Borth to Ystwyth Trail Path
PONTRHYDFENDIGAID to YSTWYTH TRAIL
Section 6 of 6



Distance & time: 2.5km (1.6 miles); 1 hour.
Terrain: Gentle rising tarmac country lane. Gravel track and open fields on to the Ystwyth Trail.

Suitable for: Suitable for walkers, horseriders and cyclists.
Grade: **This is a grade C walk** graded according to the following criteria:

- A Strenuous: Ability to walk on rough terrain for up to 6 hours with a light rucksack
- B Moderate: Ability to walk on rough terrain for up to 4 hours with a light rucksack
- C Easy: Ability to walk on rough terrain for up to 2 hours with a light rucksack

Start: Pontrhydfendigaid SN 730 668
Finish: Ystwyth Trail on Cors Caron National Nature Reserve
Refreshments: Pontrhydfendigaid
Public Toilets: Pontrhydfendigaid (Maesllyn, southbound on Ystwyth Trail)
Public transport: ☎ Tourist Information Centre 01970 612125 or ☎ Traveline Cymru on 0870 608 2608.
Maps: OS Landranger 135 Aberystwyth & Machynlleth. OS Explorer Map 187 Llandoverly.
The Ystwyth Trail brochure and map, in PDF format, is downloadable from: www.Tourism.Ceredigion.gov.uk

Cover image: Countryside Council for Wales bird watching hide, Cors Caron (© DJG Owen)

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For further information on holidays in Ceredigion contact: Aberystwyth Tourist Information Centre, Terrace Road, Aberystwyth, Ceredigion, Wales SY23 2AG ☎ 01970 612125 ✉ AberystwythTIC@Ceredigion.gov.uk



Cronfa Amaethyddol Ewrop ar gyfer Datblygu Gwledig; Ewrop yn Buddsoddi mewn Ardaloedd Gwledig
The European Agricultural Fund for Rural Development: Europe Investing in Rural Areas



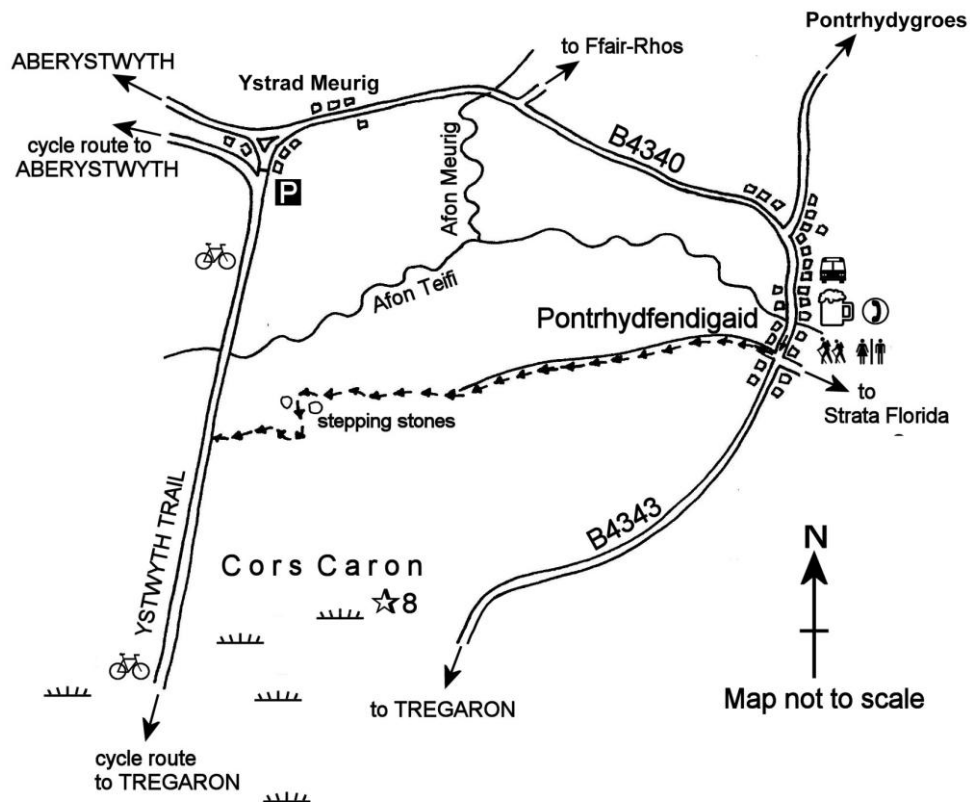
Llywodraeth Cynulliad Cymru
Welsh Assembly Government



Cyngor Cefn Gwlad Cymru
Countryside Council for Wales



CEREDIGION



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From the pavement outside the entrance to the Pantyfedwen Pavilion, follow the main road south towards Tregaron, passing a chapel and two public houses on the way.

Cross the hump-backed bridge over the river Teifi with care.

At a crossroads, immediately after a shop on your right, turn right. The left branch leads to the historic abbey of Strata Florida. Pass below a colourful mural and continue, past houses, along the tarmac road out into open country.

There are fine views and, at the top of the rise, a broad panorama unfolds. Out to the left the prominent summit of Carn Gron dominates the skyline and the rugged hills that surround the Teifi Pools are behind. Craig Ystradmeurig to the right, is the site of many cairns, forts and a ruined castle. Ahead, is the vast expanse of Cors Caron. As well being Special Area of Conservation (SAC); a Site of Special Scientific Interest (SSSI) and a National Nature Reserve (NNR), this world famous raised bog is also a wetland of international importance carrying a RAMSAR site designation.

Many birds of prey frequent the Cors Caron Reserve all year around. Peregrine falcons, merlin and hen harriers can be seen, especially in winter. The summer months bring in the hobby, which feeds on the many dragonflies.

Shortly after a section of dry stone wall, pass a cattle grid and follow the obvious gravel track which bears right to follow a stream and then cross it.

At an angled crossroads take the first left and cross the stream once again, using stepping stones, and then bear left with the summit cairn of Carn Gron now straight ahead in the distance.

A wooden gate crosses the track, turn right before it to go through a wooden bridleway gate.

Here the route follows the field edge straight ahead at first then right, then left to reach another wooden bridleway gate. Go through the gate and bear right over a bridge then through a gate to join the old railway track that is now the Ystwyth Trail.

Once this railway line was a busy artery between London, South Wales and North Wales. Sacks of wool were used as a foundation to spread the load of the ballast carrying the metal railway lines on which the trains crossed the eastern flanks of this massive peat bog. Your route joins the Ystwyth Trail at a tranquil site, far out on the reserve, a unique wildlife habitat in a remarkable setting. On reaching the Ystwyth Trail, bear right towards Aberystwyth, left to head south towards Tregaron.