














Bwyta Allan Yn Ardal Cei Newydd 2026 Eating Out in New Quay & Surrounding Area




Enw Name	Cyfeiriad Address	 01545	Manylion Details	Dietegol Dietary			E-bost / Gwefan E Mail / Websites	Cyfringau cymdeithasol Social media
Black Lion Hotel	Glanmor Terrace New Quay SA45 9PS	560122	Bar Menu & Sunday lunch Beer garden & children's play area	V / VG GF	Limited		enquiries@blacklionnewquay.co.uk https://www.blacklionnewquay.co.uk/food-drink	https://www.facebook.com/blacklionnewquay
Penwig Hotel Restaurant	South John Street New Quay SA45 9NN	560910	Morning coffees, bar meals, Sunday lunch. Large patio with sea views.	V / VG / GF	Disabled entrance at back of pub		https://www.penwighotelceredigion.co.uk/ PenwigHotel.Newquay@marstons.co.uk	https://www.facebook.com/thepenwighotel/
The Blue Bell Deli & Bistro	South John Street New Quay SA45 9NP	560444	Bistro & Wine bar & coffee shop Delicatessen with local produce	V / VG / GF	Toilets & tables Down stairs	No	thebluebelldelibistro@gmail.com www.bluebellnewquay.co.uk	https://www.facebook.com/Thebluebelldelibistro/
The Watch House	South John Street New Quay SA45 9NG		Open for Breakfast & Lunch Pizza - Tapas Sunday Lunch	V / VG / GF				https://www.facebook.com/profile.php?id=61579331270548
Crème Pen Cei Gelato	South John Street New Quay SA45 9NG	561023	Handcrafted gelato & sorbets Fruit smoothies & Juices Baguettes to take away.	V / VG / GF	No		trudithomas8888@btinternet.com	https://www.facebook.com/Creme-Pen-Cei-155484334607406
Morwyr Cei / Mariners Fish & Chips Restaurant	South John Street New Quay SA45 9NP	560467	Traditional Fish & Chips Restaurant & Take away Home Cooked Food. Children Welcome				info@marinerswales.co.uk	https://www.facebook.com/profile.php?id=100090742075426
The Lime Crab Takeaway	South John Street New Quay SA45 9NP	561400	A new concept in the fish and chips market.	GF			limecrab@outlook.com	https://www.facebook.com/TheLimeCrab/
Quayside Coffee Shop	South John Street New Quay SA45 9NP		Quayside Coffee shop Coffee - Cake - Ice Cream Bacon Rolls Toasties etc					
Pasty-Pasty Take away	South John Street New Quay SA45 9NP	560366	Take away pasty, large selection daily, unusual fillings.	V, VG		N/A	info@seamor.org www.pastypasty.com	https://www.facebook.com/Pasty-Pasty-New-Quay-104900187830204
Gingrous Coastal Coffee	Church Street New Quay	561891	Café / Take away Open all year		No		https://gingeroscoastalcoffee.com/	https://www.facebook.com/pages/Gingeros%20Coastal%20Coffee/1558407514296089/
Captains Rendezvous Restaurant & Take away	Church Street, New Quay SA45 9NT	560507	Traditional fish & Chips, Sunday lunch, children welcome.	V / VG / GF	Level entrance at back No Toilet			https://www.facebook.com/TheCaptainsRendezvous/
Jitterbugs Jazz Bar & Café	Church Street New Quay SA45 9NZ	560467	Jazz Bar & Café:- Cocktails, wine, beer, spirits, filled rolls, coffee Outside balcony seating					https://www.instagram.com/jitterbug_newquay/
The Pepper Pot Bar & Grill	Church Street New Quay SA45 9NT	560680	Licensed Bar & Grill Breakfast Lunch & Dinner Regular Music Nights	V / VG / GF	No		https://www.thepepperpotbandg.co.uk/ pepperpotbookings@gmail.com	https://www.facebook.com/pepperpotbarandgrill/
Rossini's Italian Restaurant	Greenfields, Upland square SA45 9QH	578293	Italian restaurant with Iberian influence - Handmade Pizzas - Sunday Carvery	V / VG			fernix65@yahoo.com	https://www.facebook.com/fernix65/

V / Vegetarian

VG / Vegan

GF / Gluten Free

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Sea Horse Inn Pub	Uplands Square New Quay SA45 9QH	560736	Snacks only			✓	n/a	
Pizza Team	Margaret Street New Quay SA45 9QJ	560909	Pizza Takeaway	V				https://pizzateam.co.uk/
The Dragon Palace	Hill Street New Quay SA45 9QD	560175	Dragon Palace New Quay Chinese Take Away					https://www.facebook.com/profile.php?id=100057546936756
Penrhiwllan Inn	Llandysul Road New Quay SA45 9RF	560471	Pub Meals, Sunday lunches. Beer Garden, Children welcome	V / GF		✓ In The Bar		https://www.facebook.com/Penrhiwllan-inn-1730570597176654/
Penrhiwgaled Arms	Cross inn Nr, New Quay SA446LN	560238	Traditional Pub Food - Sunday Lunch				penrhiwgaledarms@outlook.com	https://www.facebook.com/profile.php?id=61555741686760
Popty Kates Bakery	Crud Yr Awel, Synod Inn SA44 6JA	581336	Take away breakfasts, lunches, cakes & drinks. Hot Food & Baguettes, & Bread Outdoor seating	V / VG / GF				https://www.facebook.com/PoptyKatesBakery/?ref=page_internal
The Moody Cow Welsh kitchen & Farm Shop	Llwyncelyn Aberaeron SA46 0HL	07976 464965	Licensed Deli & Bistro, Butchery, Breakfast lunch & Dinner Take-away's & Sunday Lunch	V / VG / GF	✓	✓ Please Ask First	www.bargoedfarm.com info.bargoedfarm@gmail.com	https://www.facebook.com/Bargoedfarm
Llanina Arms	Llanarth Ceredigion SA47 0NP	01545 581276	Restaurant / Bar meals Traditional Sunday Carvery	V / VG / GF			www.llaninaarms.co.uk reception@llaninaarms.co.uk	https://www.facebook.com/Llanina-Arms-380195525449370/
La Calabria Italian Restaurant	Rhydgoch Ffostrasol SA44 5JT	01239 851101	Authentic Italian cuisine using fresh Welsh produce	V	✓	Guide dogs only	info@la-calabria.co.uk www.la-calabria.co.uk	https://www.facebook.com/La-Calabria-Restaurant-539344909450493/
Tafarn Ffostrasol Arms	Ffostrasol Llandysul SA44 4SY	01239 851348	Traditional pub meals cooked fresh to order Sunday Lunch	V / VG GF	✓	Guide dogs only	http://ffostralarms.co.uk www.fostrasolarms.co.uk	https://www.facebook.com/groups/497631987782654

The staff at your local Tourist Information Centre have compiled this list in good faith from information made publicly available by businesses in the area. Inclusion on the list does not equate to official endorsement by Ceredigion County Council or Visit Wales. If you have any special or specific requirements, we recommend that you contact the outlets direct to avoid disappointment.

You can check Food Hygiene Scores on the Food Standards Agency Wales website <http://www.food.gov.uk/wales> Or download the app <http://ratings.food.gov.uk/default/en-GB>

Staff eich Canolfan Groeso leol sydd wedi cydlynnu'r rhestr yma gyda phob ewylllys da o wybodaeth wneir yn gyhoeddus gan y busnesion eu hunain. Nid yw cynnwys busnes ar y rhestr yma'n crybwyll cymeradwyaeth swyddogol gan Gyngor Sir Ceredigion na Croeso Cymru. Os oes angen rhywbeth arbennig neu benodol arnoch chi, argymhellwn eich bod yn gwirio'n uniongyrchol gyda'r busnes er mwyn osgoi unrhyw gamddealltwriaeth

Gallwch wire sgor hyenoid neu lawrlwytho app. ar wefan yr Asiantaeth Safonau Bwyd/ Food Standards Agency – Cymru . <http://ratings.food.gov.uk/default/cy-GB>

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Updated April 2026