










Eating Out in the Newcastle Emlyn Area 2026 / Bwyta Allan yn Ardal Castell Newydd Emlyn

Enw Name	Cyfeiriad Address		Manylion Details	Dietegol Dietary			E-bost / Gwefan E Mail / Websites	Cyfyngau cymdeithasol Social media
Tafarn Y Coopers Arms	Station Road Newcastle Emlyn SA38 9BX	01239 920381	A family-friendly pub/restaurant - Sunday Lunch	V / VG GF	✓	✓	coopersarmsemlyn@gmail.com	https://www.facebook.com/tafarnycoopersarms
Y Sgwâr	Emlyn Square, Newcastle Emlyn SA38 9BG	07312 835815	Bar Snack Menu - Occasionally, local pop-up serving street food cuisine				ysgwar123@gmail.com info@ysgwar.co.uk	https://www.ysgwar.co.uk/index
Teifi Chips @ Central Café	Sycamore Street Newcastle Emlyn SA38 9AP	01239 711378	Fast Food Café and Takeaway. Outdoor seating or dining in.	V	✓	Outside seating		https://www.facebook.com/p/Teifi-chips-at-central-cafe-100063627960043/?locale=en_GB
Moonlight Indian Restaurant	Sycamore Street, Newcastle Emlyn SA3 89A	01239 710565	Authentic Indian Restaurant & Take Away	V / VG GF			https://www.moonlight-wales.co.uk/	https://www.facebook.com/moonlightNewcastleEmlyn
Flames	Cawdor Terrace Newcastle Emlyn SA38 9AS	01239 710636	Fast Food Restaurant	V	✓			https://www.facebook.com/profile.php?id=100077048746089
Teifi Tea Pot Café	2 Cawdor Terrace Newcastle Emlyn SA38 9AS		Café			✓		https://www.facebook.com/profile.php?id=61571862710795
Super Garden	11 Sycamore Street Newcastle Emlyn SA38 9AJ	01239 711333	Chinese Takeaway	V	✓			
Cwtsh Emlyn Reopening Soon	Lower Car Park Parc Emlyn Newcastle Emlyn SA38 9BA	01239 710074	The coffee shop is located at the Football Club. Brunch, Lunch, & Afternoon Treats.	V / VG GF		✓	cwtsh@outlook.com	https://www.facebook.com/profile.php?id=61572787337155&locale=en_GB
Harrison's Brasserie & Riverside Garden	Sycamore Street Newcastle Emlyn	01239 711814	Licensed Brasserie serving homemade quality Patisserie, food & drinks. Riverside Garden & Child Playground, Sunday Lunch	V / VG GF		Outside seating	harrisonsbrasserie@gmail.com	https://www.facebook.com/harrisonsriversidegarden/
Moes Indian Cuisine	Market Square Newcastle Emlyn SA38 9AA	01239 710906	Authentic Indian & Bangladeshi Restaurant	V	✓		naharindian@yahoo.co.uk	https://www.facebook.com/profile.php?id=100054574233820
Unwind Coffee House	1-2 Royal Oak Mews Newcastle Emlyn SA38 9AE	07944 231243	Unwind is a cosy coffee shop, with yarn, haberdashery and a lounge all in one.				witsendflock@gmail.com	https://www.facebook.com/p/Unwind-in-Newcastle-Emlyn-61581419490224/
The Bunch of Grapes	Bridge Street Newcastle Emlyn SA38 9DU	01239 711185	Weekly Special Nights Sunday Carvery	V / VG GF	✓	✓	info@bunchofgrapes.net https://bunchofgrapes.net/	https://www.facebook.com/BunchofGrapes
Crwst Emlyn	Bridge Street Newcastle Emlyn SA38 9DU		Bread, bakes, coffee, filled rolls and toasties				https://crwst.cymru/ contact@crwst.cymru	https://www.facebook.com/crwst
China Kitchen Chinese Takeaway	Llys Teifi Adpar, Newcastle Emlyn SA38 9EE	01239 711378	Chinese Takeaway	V	✓		https://consolepp.com/china-kitchen-2	
Riverside Café & Coffee Shop	Bridge Street, Newcastle Emlyn SA38 9ED	01239 710404	A quaint Veggie / Vegan Cafe - Dog-friendly, River views, & children's playground	V / VG GF	✓	✓	riverside.cafe.emlyn@outlook.com	https://www.facebook.com/RiversideEmlyn/
Clwb Rygbi Newcastle Emlyn Rugby Club	Dol Wiber Adpar, SA38 9A	01239 711422	Sunday Lunches – 12- 2 pm	V / VG	✓			https://www.facebook.com/profile.php?id=100057615962825#

Eating Out Henllan, Drefach Felindre & Llandysul Area / Bwyta Allan Ardal Henllan, Drefach Felindre Ardal Llandysul

Enw Name	Cyfeiriad Address	 01559	Manylion Details	Dietegol Dietary			E-bost / Gwefan E Mail / Websites	Cyfryngau cymdeithasol Social media
The Leaky Barrel Welsh Bistro & Shop	Henllan Ceredigion SA44 5TD	372152	Licensed Bistro - Traditional Lunches - Desserts & Cakes - Hot & Cold Drinks - Wine & Dine Outside-	V / VG GF	✓	✓	https://www.theleakybarrel.co.uk/ sales@celticwines.co.uk	https://www.facebook.com/thelekybarrel
Café @ National Wool Museum	Drefach-Felindre Llandysul SA44 5UP	02920 573070	Cozy Café serves a small range of hot and cold drinks, cakes, and snacks.	V / VG GF	✓		wool@museumwales.ac.uk	www.facebook.com/amgueddfawl
Tafarn John y Gwas	Drefach-Felindre Llandysul SA44 5XG	01559 370469	Family-friendly Pub - Basket meals and more Outside seating.	V		✓ in the garden		https://www.facebook.com/JohnYGwas
Daffodil @ Penrhiwllan	Penrhiwllan Llandysul SA44 5NG	01559 370343	Seasonal Brunch & Dinner menu with traditional pub classics & Daffodil favorites - Sunday Lunch	V / VG GF	✓	In the Bar & on decking	info@thedaffodilinn.co.uk www.thedaffodilinn.co.uk	https://www.facebook.com/TheDaffodilPenrhiwllan/
Y Porth Riverview Restaurant @ Bar	Church Street Llandysul SA44 4QS	01559 362202	Grade II Listed former Coach House. Serving Lunch & Evening Meals also homemade cakes, pies, pasties - Sunday Lunches.	V / VG GF	✓	✓	www.porthhotel.co.uk/ info@porthhotel.co.uk	https://www.facebook.com/GwestyPorthHotel/
Chef China	High Street Llandysul SA44 4DG	01559 362265	Chinese Takeaway Closed Tuesdays - cash only	V / GF			https://www.restaurantji.co.uk/wales/llandysul/chef-china-/Qunchen1987@gmail.com	
Iechyd Da Restaurant	High Street Llandysul SA44 4DG	077044 88555	Fusion of foods from around the world. Takeaway available				yakidabar@gmail.com	https://www.facebook.com/profile.php?id=61573018231767
No Regretty Baguettey	15 Lincoln Street Llandysul SA44 4BU	07496 111527	Take away – Baguets – Cakes - Cookies - Drinks					
Taj Llandysul	Lincoln Street Llandysul SA44 4BS	01559 363753	Indian dine-in, takeaway, or delivery available. Freshly prepared traditional dishes.	V / GF			https://www.tajllandysul.co.uk/ info@tajllandysul.co.uk	
Buon Appetito	Wind Street Llandysul SA44 4BD	01559 363608	Family-run Italian café & Delicatessen. Serving Italian & Welsh savory snacks, cakes & coffee	V / GF		✓	http://www.buonappetitowales.co.uk/	https://www.facebook.com/buonappetitowales/
Ffab Cymru Coffee Shop	Siop Gomer Wind Street, Llandysul SA44 4BD	01559 362060	Gift shop with Upstairs Coffee Shop. Serving Breakfasts - Lunch or Takeaway Lovely selection of cakes, hot & cold drinks	V / GF			post@ffabcymru.co.uk	https://www.facebook.com/people/Ffab-Cymru/100005432145013
Pizza Choice	Paris House Llandysul SA44 4DG	01559 364747	Pizzas - Kebabs – Burgers Takeaway	V / GF			https://pizzachoiceonline.com/	
Paddle Up Cafe	Wilkes Head Llandysul SA44 4AA		Café adjacent to the Llandysul Paddlers. Open 8-3 Monday to Saturday	V / GF				
Babs's Takeaway	Pontwelly Llandysul SA44 4AE	01559 364722	Wide range of daily specials, Sunday Lunch – available to take away. Telephone orders are welcome. 07813107053.	V		✓	contact@buonappetitowales.co.uk	https://www.facebook.com/groups/babss-takeaway-llandysul-181381915589112/?locale=en_GB
The Half Moon Inn	Station Road Pontwelly, Llandysul SA44 4AJ	01559 363338	Traditional Pub Food – Sunday Lunch	V			halfmoon@talktalk.net	https://www.facebook.com/halfmoonllandysul/?locale=en_GB

Enw Name	Cyfeiriad Address		Manylion Details	Dietegol Dietary			E-bost / Gwefan E Mail / Websites	Cyfringau cymdeithasol Social media
Tafarn Gwarcefel Arms	Pren-gwyn near Llandysul SA44 4LU	01559 361299	Friendly local pub serving traditional pub grub. Sunday lunches	V / VG GF		✓	gwarcefelarms2023@gmail.com	https://www.facebook.com/gwarcefel.arms/
Veganishmum Pop Up Restaurant	Ty Gwyn, Penboyr Llandysul SA44 5JF	01559 371415	Pop-up Restaurant opens most Saturday nights. Specializing in exciting & creative locally sourced f Vegetarian & Vegan dishes	V / VG GF			https://www.veganishmum.co.uk/	https://www.facebook.com/veganishmum/
The Llwyndafydd Inn	Saron, Llandysul SA44 5DR		Traditional Pub Food - Basket meals - Sunday Lunch				llwyndafyddinn@gmail.com	https://www.facebook.com/p/The-Llwyndafydd-Inn-61572563379857/
La Calabria	La Calabria, Rhydgoch Ffostrassol SA44 5JT	01239 851101	Authentic Italian restaurant specializing in a range of delicious homemade pasta & other tasty dishes	V / VG GF	✓		www.la-calabria.co.uk info@la-calabria.co.uk	https://www.facebook.com/p/La-Calabria-Restaurant-100063690511491/
Tafarn Ffostrassol	Ffostrassol SA44 4SY	01239 851348	The Ffostrasol Arms is a homely, traditional pub. Weekley Sunday Roast	V / VG GF	✓	✓ pub area only	https://ffostrasolarms.co.uk/	

Bwyta Allan yn ardal Pencader a Gogledd Brechfa / Eating Out in the Pencader & North Brechfa Area

Brannery Fish Chips & Café	Pencader SA39 9AA	07495 449516	Take away Fish & Chips and Café, Outside seating	V / VG GF				https://www.facebook.com/branneys/
Y Talardd Arms	Llanllwni Pencader SA39 9DX	01559 395633	A traditional Country Pub Sunday Lunch - Dog & Horse friendly			✓	Fionabarranca@icloud.com	https://www.facebook.com/people/Y-Talardd/61550247328745/
The Belle Llanllwni	Carmarthen Road Llanllwni SA40 9SQ	01570 480495	Bar & Dining Daily specials board - Sunday Lunch	V / VG GF		Out side only	https://www.thebelle.co.uk/ food@thebelle.co.uk	https://www.facebook.com/thebellellanllwni/?locale=en_GB
Tafarn Cefn Hafod Inn	Gorsgoch Llanybydder SA40 9TE	01267 643429	Gastro Pub – Outside seating.	V / VG GF			Cefnhafodinn@hotmail.com https://www.cefnhafodinn.co.uk/	https://www.facebook.com/profile.php?id=100094597806360
The Black Lion	Abergorlech Road Abergorlech SA32 7SN	01558 685271	Country pub, restaurant & coffee shop, near Brechfa - Sunday Lunch - Outdoor Seating.			✓	lynandphil.blacklion@gmail.com	https://www.facebook.com/blacklionabergorlech/
Ty Mawr Country Hotel Restaurant	Brechfa SA32 7RA	01267 202332	Quiet luxury Country Hotel Restaurant set on the edge of the Brechfa Forest.	V / VG GF		✓	https://wales-country-hotel.co.uk/ info@wales-country-hotel.co.uk	https://www.facebook.com/TyMawrBrechfa/
The Forest Arms Brechfa	Brechfa SA32 7RA	01267 202288	Family-run pub set in the heart of Brechfa Forest - Sunday Lunches.	V / VG GF	✓	✓	https://www.forestars.com/	https://www.facebook.com/forestars/
Pen y Bont Restaurant & Inn	Llanfynydd SA32 7TG	07523 685038	Restaurant & Inn nestled in a riverside village, near Brechfa Forest.					https://www.facebook.com/penybontinnllanfynydd/

This list has been created in good faith from information made publicly available by businesses in the area. Inclusion on the list does not equate to official endorsement by Ceredigion County Council or Visit Wales. If you have any special or specific requirements, we recommend that you contact the outlets directly to avoid disappointment. You can check Food Hygiene Scores on the Food Standards Agency Wales website <http://www.food.gov.uk/wales> or download the app <http://ratings.food.gov.uk/default/en-GB>

Cydyllunau'r rhestr yma gyda phob ewyllys da o wybodaeth wreir yn gyhoeddus gan y busnesion eu hunain. Nid yw cynnwys busnes ar y rhestr yma'n crybwyll cymeradwyaeth swyddogol gan Gyngor Sir Ceredigion na Croeso Cymru. Os oes angen rhywbeth arbennig neu benodol arnoch chi, argymhellwn eich bod yn gwirio'n uniongyrchol gyda'r busnes er mwyn osgoi unrhyw gamddeaillwriaeth

Gallwch wirio sgor hylendid neu lawrwytho app. ar wefan yr Asiantaeth Safonau Bwyd/ Food Standards Agency – Cymru . <http://ratings.food.gov.uk/default/cy-GB>

V / Vegetarian VG / Vegan GF / Gluten Free